## grown ups

Please take a couple of minutes to think about your childhood...

Where did you play out?

What did you like to do when not in school?

This play map is a guide to some of the places and things children can do in the London Borough of Richmond upon Thames. As you'll see, there are lots of places to discover, explore and play for free.

## Benefits of play

Play is the primary means through which children develop. When allowed to conduct their own play, children broaden their experiences, increase their levels of imagination, expand their language skills, exercise their physical and mental strength and improve their dexterity. Play also gives children opportunities to develop and refine social skills, co-operation, conflict resolution and other inter-personal skills necessary to succeed as an adult.

Play can help build a sense of ownership for a local space and a sense of community with those who use it. Through play, children learn the things that can't be taught: empathy, co-operation, resilience, and emotional wellbeing. Good play and good childhood are strongly linked.

# children

If your parents allow you to play out with your friends, remember...

- Always tell your parent or carer where you are going
- Plan and be prepared
- Make sure you know the telephone number of the person to contact if you need to
- If your plans change make sure you let your parent or carer know
- If you are going somewhere you haven't visited before, plan your route
- Take care of your possessions

My emergency contact is...

To M3, M25

Name .....

Number .....



Travelling around

www.tfl.gov.uk for bus and tube routes

www.sustrans.org.uk for safe cycle routes

Crane Park

M4, M25, M40

To Hounslov

Whitton

Home Park

/ To London Waterloo Y

Ham Riverside 33 Lands 40

Hampton Wick

Best places to...

Svon Park

Old Deer Park

See the ducks and other water fowl: Twickenham Riverside Richmond Park – Pen Ponds Teddington Lock

5

Barnes Common

Twickenham Green

**Bushy Park** 

Play Pooh sticks: Bushy Park – Woodland Garden Kneller Gardens

Tell us what you think. Where's the best place to climb trees, picnic, pick blackberries, go bug hunting or play frisbee? Go to www.richmond.gov.uk/play to submit your ideas. National Archives

chmone

A3 Kingston By Dass

East Sheen

Ipper

**Richmond Park** 

Great free things to do. Check out...

Kingston Rd A3

Roehampton Vale

www.museumofrichmond.com www.twickenham-museum.org.uk www.walklondon.org.uk/route www.visitrichmond.co.uk www.missionexplore.co.uk www.naturedetectives.org.uk www.royalparks.gov.uk

# Parks and open spaces

ev Refreshments

## Playgrounds for under 7

- Oak Avenue Local Nature Reserve TW12 3QD •
- 2 Maple Close Open Space **TW12 3QL**
- 3 Page's Green **TW12 3PJ**
- 4 Linear Walk **TW12 3XX**
- **5** Hatherop Park TW12 2RQ • • • •
- 6 Hampton Village Green/ Gander Green TW12 2AS • •
- 7 Nursery Green TW12 3RG • •
- 8 Buckingham Park TW12 3JA 🔹 🔹 🔹
- **9** Carlisle Park TW12 2LU • • • •
- 10 Beveree Wildlife Site, Hampton TW12 2SB •
- 11 Bens Alley **TW12 2EW**
- 12 Bell Hill Recreation Ground **TW12 2EA**

Car Parking

Playgrounds for 7-13

- Garrick Lawn (Temple) **TW12 2EJ**
- 10 St Albans Hampton Riverside **TW12 2EN**
- 15 Murray Park TW2 7ED • • •
- **16** Crane Valley Park TW2 6DF
- Heathfield Recreation Ground TW2 6EG • • •
- 18 Arundel Close Wildlife Site TW12 1SW •
- 19 Holly Road Recreation Ground **TW12 1QJ**
- 20 Pantile Bridge **TW12 1QA**
- 21 Alpha Road Open Space (Gardens) TW11 0QG • •
- 22 Kneller Gardens TW2 6PH • • • •
- 23 Mereway Nature Park TW2 6RP •
- 24 Craneford Way Recreation Ground **TW2 7SQ**
- 25 Twickenham Green **TW2 5QA**

- Playgrounds for over 13 Nature Trail
- **26** Fortescue play area/Welesley Road TW2 5RX 🔹 🖕
- 27 Radnor Gardens (Park) **TW1 4RB**
- 28 Church Road Playground TW11 8PY • •
- **29** Grove Gardens (Park) TW11 8AS • •
- 30 Vicarage Road **TW11 8HF**
- 31 Udney Hall Gardens **TW11 9HQ**
- 32 Ham Avenues Conservation Area TW11 0DR •
- 33 Manor Road Recreation Ground **TW11 8BF**
- Holly Road Garden Of Rest TW1 4EU • •
- Grimwood Road (TA Centre Parks) **TW1 1BY**
- **36** Moormead Recreation Ground TW1 1JS • • •
- TW1 3DD • **B** Riverside Drive Play Area **TW10 7QA**

37 York House Gardens

- 39 Ham Village Green **TW107HW**
- 40 Ham Lands Local Nature Reserve TW10 7UE •
- 41 Bucklands Open Space **TW11 9QQ**
- Broom Road Recreation Ground TW11 9QY • • •
- Normansfield Playpark TW11 9NZ • •
- 44 The Kings Field KT1 4AE
- Kilmorey Mausoleum **Conservation Area** TW1 1QN •
- G Orleans House Gardens TW1 3DG • • •
- 17 King George's Field **TW10 7RS**
- 48 The Copse (Conservation Area & Ham Avenue) TW10 7EE •
- Sandy Lane Recreation Ground **TW10 7EJ**
- 50 Ham Common TW10 5LA •
- Ham Common Woods Local Nature Reserve TW10 5HD •
- 52 Petersham Lodge Woods **Conservation Area** TW10 7AG •
- **53** Old Deer Park TW9 1PQ • • • •
- 54 Richmond Green **TW9 1LX**
- 55 Bridgehouse Gardens **TW9 1TQ**
- 56 Cambourne Path **TW10 6TS**

- 57 Cambridge Gardens TW1 2TA • • •
- 58 Midhurst Site **TW10 6UT**
- Buccleugh Gardens **TW10 6UY**
- 60 Terrace Field **TW10 6UZ**
- **61** Vineyard Passage Conservation Area TW10 6PB •
- 2 Terrace Gardens (Park) **TW10 6RH**
- Worple Way Recreation Ground TW10 6DP • •
- 64 Pesthouse Common Open Space **TW10 6HF**
- 65 Grove Road Gardens **TW10 6SW**
- 66 Raleigh Road Recreation Ground TW9 2DU • •
- St Luke's Open Space TW9 3NW • •
  - Sheen Common Open Space SW14 7EL • • •
  - Westerley Ware Recreation Ground TW9 3AP • •
  - 70 Kew Green (Park) **TW9 3BH**
  - 71 North Sheen **Recreation Ground (Park)** TW9 4LB • • • •
  - 72 Tangier Green TW10 5DP • •
  - 73 Palewell Common & Fields SW14 8RF • • • • •
  - 74 Mortlake Green SW14 8HY • •
  - 75 Tapestry Court **SW14 8HL**

- **76** Mullins Path Open Space SW14 8EZ • • • 77 Riverside Open Space (Jubilee Gardens) **SW14 8PT** 78 Vine Road Recreation Ground **SW13 0NF** 79 Barnes Common Local Nature Reserve SW13 0NE • 80 Lonsdale Road Plantation SW13 9QL 81 Barnes Green SW13 9HE • • 82 Leg o'Mutton Reservoir Local Nature Reserve SW13 9QN • **SW13 9NR** 84 Castelnau Recreation Ground SW13 9AA • • • • 85 Barn Elms SW13 9SA • • • • 66 Queen Elizabeth Walk (Park) **SW13 0DG**
- 83 Suffolk Road Recreation Ground